

Easy Shaped Mask



This mask can be made in three sizes with elastic ear loops or with fabric ties.

You will need:

- 100% cotton fabric (high thread count, tightly woven) in two different patterns or colors. Using two colors is recommended so you won't mistake the back and the front of the mask when you wear it. **Pre-wash and dry the cotton before cutting.**
- Two pieces of 1/8" or 1/4" elastic, each one 7 - 8 inches long. You can modify the length of the elastic to fit the person you are making it for. **Or**
- Four 18" ties: (ribbon, twill tape, bias tape or fabric ties made from the same cotton – see directions below for making your own cotton fabric ties)
- Scissors/rotary cutter, pins/clips, ruler, thread
- Optional: lightweight or featherweight non-woven fusible interfacing.

If you are adding a layer of interfacing, fuse it to the back of the top, main fabric according to the manufacturer's instructions.

Print your pattern (at 100%, do not "print to fit") and choose the size mask you'll make. Cut your pattern pieces out. With right sides together, cut 2 pieces for the main front fabric. Cut 2 pieces for the lining fabric. (Fig. A)

Fig. A

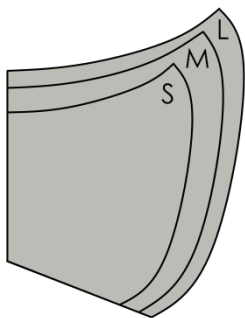
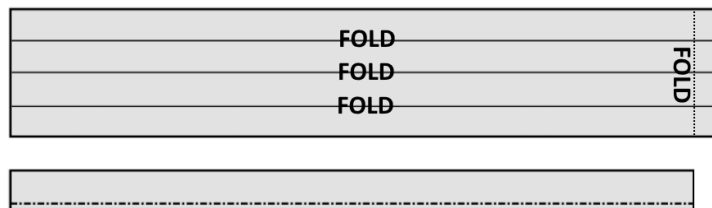


Fig. B



If you are making your own ties, make them now.

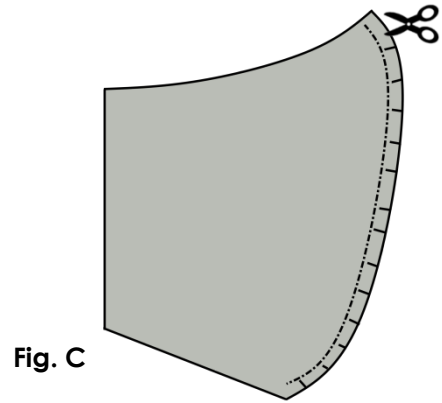
From woven cotton material: Cut 4 pieces of cotton 18" long by 1 3/4" wide. Fold the raw edge of one short end over about 1/2 inch. Fold each piece in half lengthwise and press. Now fold each half in half again so the raw edges meet the center fold line and press. Fold in half one more time. Press. Edge stitch down the length of the tie. (Fig. B)

From tee shirt material: Cut 1" wide strips of tee shirt material 1". Pull on both ends to curl fabric into "yarn." Trim to 18" pieces.

Join the curved seams. (Fig C)

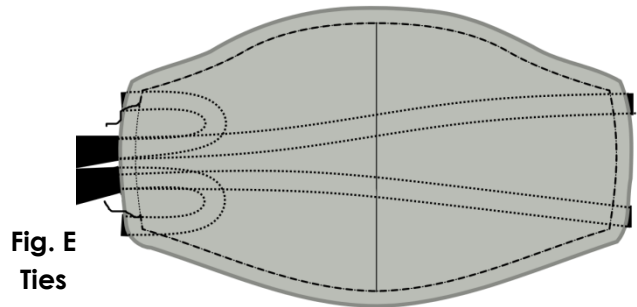
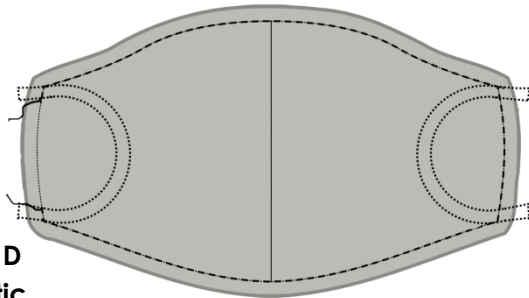
With right sides of main fabric together, using a 3/8" seam allowance, sew along the curved side. Press open the seam. Clip the seam allowance along the curve being careful not to clip the stitching. Press.

Repeat for the lining fabric, sewing the curved seam and clipping the seams and pressing.



Assemble the layers. (Figures D and E)

Place the lining fabric right side up. Position elastic or ties at corners around 1/2" from the top and bottom edges. Pin or clip in place. Adjust the ties or ribbons as shown so that they are all positioned away from the stitching lines. Place the main fabric right side down matching the edges with the lining. Pin or clip the layers and ties or elastic in place. Sew around the mask **leaving most of one side open**, backstitching each time you come to a tie or the elastic (to make sure the pieces hold securely). Clip corners close to stitching line.

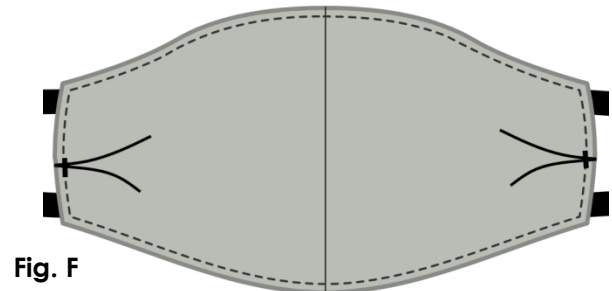


Turn the mask right side out. Using a turning tool or a pencil, push out the corners to neaten them. Tuck in the open seam allowance on the side. Press.

Top stitch all layers. Sew along all edges using a 1/4" stitch allowance.

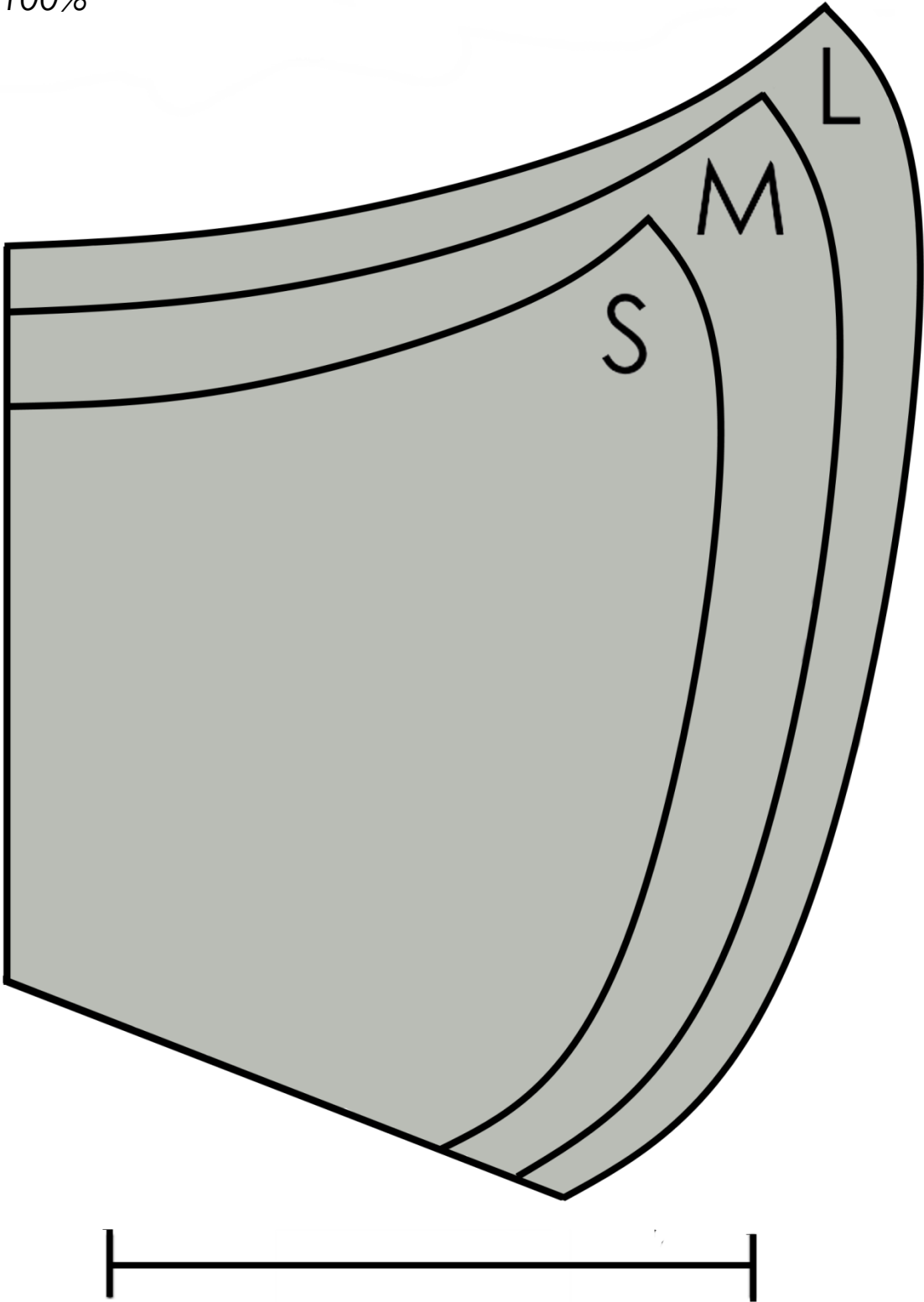
Optional Pleat for a Better Fit

Create a small pleat about 2/3 of the way down both sides. Pin the pleat and tack down either by hand or with your sewing machine. (Fig. F)



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Print at 100%



4" or 10 cm.